



MINUTES OF THE WASHOE COUNTY HUMAN SERVICES AGENCY SENIOR ADVISORY BOARD MEETING

February 6, 2019

Washoe County Senior Center, 1155 E. 9th Street, Reno, Nevada 89512
Game Room

1. ***Call To Order** - Meeting was called to order at 3:04 p.m. by Chair-Dr. Larry Weiss.
2. ***Roll Call** – Dr. Larry Weiss asked for the roll call; Sandra Vasquez took the roll. There was a quorum present.

WASHOE COUNTY SENIOR SERVICES ADVISORY BOARD MEMBERS:

PRESENT

Dr. Larry Weiss
Wayne Alexander
Marsy Kupfersmith(phone)

Donna Clontz
Barbara Korosa
Sarah Deardorff

ABSENT (EXCUSED*)

Stan Dowdy*
Garth Elliott *
Rick Sorensen*

WASHOE COUNTY STAFF PRESENT

Abby Badolato
Sandra Vasquez

Leslie Admirand (DA)

ADVISOR PRESENT

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ADVISOR (ABSENT)
Victoria Edmondson
Connie McMullen

3. ***Public Comment** –

Amy Auerbach stated she is from Northern Nevada Disability Access and they are trying to connect with services provided to seniors. Her organization has an online bulletin board and it is a great tool to use. They are also looking for volunteers to help with their website, which is nvdaccess.com.

4. ***Member Announcements** –

Donna stated she has a flyer of the Reno monthly meetings and they are working on ways to make the community age friendly (see attachment). There is also a Senior Day flyer for the training that will be on February 15th and anyone that is interested should RSVP (see attachment). Another flyer, which was provided by City of Reno, is for save the date of Older American Month (see attachment). Donna also provided a handout with a list of senior meetings that they are involved in (see attachment).

5. Approval of the Agenda for the Advisory Board Meeting on February 6, 2019.

Motion to approve the agenda was made by Barbara Korosa and seconded by Wayne Alexander.
Motion passed unanimously.

6. Approval of the Minutes for the Advisory Board Meeting on December 5, 2018.

Motion to approve the minutes was made by Donna Clontz and seconded by Barbara Korosa.
Motion passed unanimously.

7. Report, discussions, and possible recommendations regarding Washoe County Strategic Plan FY 18 End of Year Report and FY 19 plan (For Possible Action) – Donna Clontz

Abby stated she knows the strategic plan was updated. The portion of housing may be about the NNANHS (Northern Nevada Adult Mental Health Services) campus plan that is being headed by Kim Schweickert. Abby proposed that at next month's meeting they have Kim talk about the plan and what it means for seniors. Donna stated she wanted the board to be aware of the plan to be able to advise and know what it means for seniors. Larry stated he wants information on the handout section of 'what is getting in our way' (see attachment).

8. *Presentation in regards to North Valley Regional Park Building becoming a senior congregate site for meals and activities – Bonnie Weber, Reno City Council

Donna informed the board that Bonnie Weber used to be a county commissioner and recently she was elected to the Reno City Council. Donna stated Bonnie said she has a desire to do a lot for seniors; there is also a person on the board of a Home Owners Association that would like to do something for seniors in the North Valley area. Donna stated Bonnie is envisioning a recreational place with meals and she was going to come and report, but had to be out of town. It's going to be a process and it will take a community to make it happen. It would be similar to the Lazy 5 and Cold Springs centers and logistics need to be considered. It is in the radar to start up a center at the North Valleys. It is known that on the north side of the buildings in the area there is a large senior population.

9. *Update on Senior Nutrition Program – Steve McBride

Abby stated that in December there were 105 meals served at the Lazy 5 location and they have been getting many calls from people looking to volunteer. There was also a significant jump from October to December for home delivered meals (see attachment). Abby also reported that 2 meal trucks were purchased and started up this month. The Reno center is also participating in a pilot program with the Food Bank of Northern Nevada and they have already given around 1,500 lbs. of perishable items to seniors.

10. *Update on Sparks Senior Citizen Advisory Committee – Donald Abbott

Donald stated they have made appointments and they still have 2 openings for alternates. There are 7 members and 5 alternates. Also, he would like to start planning the meetings soon, but the City Manager for Sparks is retiring in the near future. Marsy stated she is happy that Donald has made this possible.

11. Report, discussion, and possible recommendations regarding recruiting new board members for District 2 and District 3 (For Possible Action)

- a. Application from Jennifer McMenemy (District 2)
- b. Application from James Doyle (District 2)

Larry asked the applicants to introduce themselves to the board. Jennifer McMenemy stated she lives in District 2 at the Damonte Ranch area, she works in guardianship cases through her work and she would like to be able to help seniors. Donna asked if the board meeting schedule would be conflicting with her work schedule, Jennifer replied no, she has permission to attend the meetings. James Doyle stated he worked with his mother and became aware of issues that need to be addressed such as long term care for seniors and that is the reason he put in his application.

Motion to recommend Jennifer and James for appointments to the County Commissioners to fill two seats for District 2 was made by Donna Clontz and seconded by Barbara Korosa. Motion passed unanimously.

Donna stated she would like to find out when the recommendation will be in the Board of County Commissioners agenda.

12. Update, report, discussion, and possible recommendations regarding age friendly communities sponsored by AARP throughout the county and cities (For Possible Action)

Donna stated the age friendly group is meeting monthly to help identify issues. It is a national effort and the Reno board talked about being age friendly. There was a meeting and the top 3 topics of concern were affordable housing, transportation, and access to information about services. There was also another meeting in November and Truckee Meadows Regional Planning Agency was working on data they collected from about 400 surveys. They need data from the surveys to have the group meet and be able to discuss on planning. There will be a March 28th meeting and it is a community driven group, it's not run by government entities. There are over 300 communities working on this nationwide, therefore there are plenty of examples of what to do and there is help too. Donna provided a handout with the reminder dates for the meetings (see attachment). There are three jurisdictions in Nevada working on being age friendly: Henderson, Winnemucca, and Reno. The project for Henderson, Nevada was planned by their senior advisory board and city staff; they took all 8 domains and their top 3 are the same as Reno. Henderson, Nevada has a large retirement community and they just had their Senior Summit with a key note speaker for health. At the summit they talked about Blue Zones where people tend to live over 100 years. The key note speaker talked about it and said she wants to make Reno a Blue Zone. There were also split groups of community talking sessions and the big ones were about transportation and information. Donna is thinking that all three local government entities can do a type of senior summit, but they already do Older American Month. Sarah asked how many people attended the summit, Donna replied about 25-30 people. Larry stated one of the goals is to get Washoe County and City of Sparks to be age friendly; when they do that, it will be unique in the country.

13. Report, discussion, possible recommendations and updates on the Advisory Board member's Shared Issues and Goals for Housing, Advocacy, Communication & Information, Data Planning, Transportation, Nutrition Programs, Social & Recreation, Senior Law, Volunteering, Financing, and Social & Health Services (For Possible Action)

Sarah stated she agreed to do a tally sheet for Older American Month (O.A.M.) events and would like to know if she should be using logos. Donna stated the booklet for O.A.M. has everyone's logo on it and suggested only using the O.A.M. logo on the tally sheet. Donna stated that in regards to advocacy, Senior Day at the Legislature training is on the 15th and the actual day is the 22nd. The Commission on Aging has reserved the big room and they will have people watch and maybe testify; what happens that day will be run from the Commission on Aging. Also, Jane

Gruner is now retired and will have access to bills relating to seniors. The plan is to go to Carson on other days other than the 22nd. The legislature session will be until June 4th. Donna requested to update the handout of shared issues and goals. Linda Musselman will also be doing Housing and advocacy. Paco LaChoy will be doing advocacy and data planning.

14. Report, discussion, and possible recommendations on sign up for senior board members to attend ongoing Washoe County public meetings (For Possible Action)

Donna stated the intent is to get board members out into the community and report back to the board. Larry requested for Sandra to create a chart with all the meetings and members who have signed up to attend meetings. Barbara stated she is interested in the Reno City Council meeting and the Board of County Commissioners meeting. She would like to know how to get the agenda for these meetings; Leslie Admirand stated she can contact the county clerk and city clerk to get on a list to have the agenda sent to her and there is also a website where all open meeting agendas are posted. Barbara stated this would help before she attends the meeting to know if agenda items pertain to seniors. Larry stated if something comes up about seniors, to let Sandra know.

15. Agenda items for the next Board meeting (For Possible Action)

Bonnie Weber presentation
Joe Arrascada presentation
Senior Day recap
Kim Schweickert strategic plan presentation
Kelly McMillen transportation project - tentative

16. *Public comment –

Amy Auerbach stated she has contact information for Northern Nevada Disability Access. They have a resource directory on their website and they are interested in getting volunteers for their organization and also being volunteers.

Joan Lee stated she is from Rural RSVP and they are also looking for volunteers for things like transportation and open door café.

17. Adjournment (For Possible Action)

Motion to adjourn was made by Barbara Korosa and seconded by Donna Clontz. Motion was unanimous. Meeting adjourned at 4:16 pm.